



## University Child Care Menu

### Week of December 11, 2017

#### Monday

**Breakfast:** Oatmeal, Cinnamon Apples, Milk (Alternate Milk\*)

**Lunch:** Chicken Stir Fry (Chik'N Nuggets) w/ Vegetables, Brown Rice, Pineapple, WG Bread, Milk (Alternate Milk\*)

**Snack:** Oranges, Milk (Alternate Milk\*)

#### Tuesday:

**Breakfast:** Corn Flakes, Orange Juice, Milk (Alternate Milk\*)

**Lunch:** Beefaroni (Plain Sauce, Yogurt), Green Beans, Pears, WG Bread, Milk (Alternate Milk\*)

**Snack:** Saltines, Cucumbers w/ Ranch Dressing, Milk (Alternate Milk\*)

#### Wednesday:

**Breakfast:** WG Waffles, Blueberries, Milk (Alternate Milk\*)

**Lunch:** Huevos Rancheros w/ Green Peppers & Onions, Refried Beans, Salsa, Green Salad, Flour Tortillas, Fruit Cocktail, Milk (Alternate Milk\*)

**Snack:** Yogurt w/ Peaches, Vanilla Wafers, Milk (Alternate Milk\*)

#### Thursday:

**Breakfast:** Rice Krispies, Strawberries, Milk (Alternate Milk\*)

**Lunch:** Baked Ziti w/ Cheese, Roasted Zucchini & Yellow Squash, Mandarin Oranges, WG Bread, Milk (Alternate Milk\*)

**Snack:** Fresh Pears, Milk (Alternate Milk\*)

#### Friday:

**Breakfast:** English Muffins w/ Jelly, Bananas, Milk (Alternate Milk\*)

**Lunch:** Chicken Patties (Chik'N Patty) on WG Buns with Lettuce & Tomatoes, Vegetarian Baked Beans, Cole Slaw, Applesauce, Milk (Alternate Milk\*)

**Snack:** WG Fig Newtons, Milk (Alternate Milk\*)

Children under 2 = Whole Milk      Children 2 & Up = 1% Milk

\*Alternate Milks: Soy Milk, Coconut Milk

WG = Whole Grain