



## University Child Care Menu

### Week of April 16, 2018

#### Monday:

**Breakfast:** Corn Chex, Mandarin Oranges, Milk (Alternate Milk\*)

**Lunch:** Chicken (Hard Boiled Egg) Pasta Salad w/ Fresh Vegetables, Corn, Peaches, WG Bread, Milk (Alternate Milk\*)

**Snack:** Apples, Saltines, Milk (Alternate Milk\*)

#### Tuesday **Week of the Young Child – Tasty (Taco)Tuesday**

**Breakfast:** Waffles, Bananas, Milk (Alternate Milk\*)

**Lunch:** Beef (Bean) Tacos with Cheese on Crunchy Corn Taco Shells (Tortillas), Lettuce & Tomato, Beans & Rice, Pears, Milk (Alternate Milk\*)

**Snack:** Kid-Made Healthy Bug Snacks (varies depending upon age group - celery, Sunbutter, WG crackers, cherry tomatoes, apple slices, orange slices, blueberries, mini pretzels, grape halves, strawberries), Milk (Alternate Milk\*)

#### Wednesday

**Breakfast:** Oatmeal, Blueberries, Milk (Alternate Milk\*)

**Lunch:** Chicken (Chik'N) & Broccoli Casserole w/ Cheese, Brown Rice, Pears, WG Bread, Milk (Alternate Milk\*)

**Snack:** Cheese-Its, Milk (Alternate Milk\*)

#### Thursday

**Breakfast:** English Muffins w/ Jelly, Cantaloupe, Milk (Alternate Milk\*)

**Lunch:** Fish Fillets (Boca Burger), Mashed Potatoes, Mixed Vegetables, Sliced Apples, WG Bread, Milk (Alternate Milk\*)

**Snack:** Yogurt w/ Strawberries, Milk (Alternate Milk\*)

#### Friday

**Breakfast:** WG Cinnamon Toast, Fruit Salad, Milk (Alternate Milk\*)

**Lunch:** Huevos Rancheros with Tomatoes & Green Peppers, Cooked Carrots, Flour Tortillas, Refried Beans, Applesauce, Milk (Alternate Milk\*)

**Snack:** Sliced Cucumbers w/ Ranch Dressing, Whole Wheat Crackers, Milk (Alternate Milk\*)

\* Children under 2 = Whole Milk      Children 2 & Up = 1% Milk  
\*Alternate Milks: Soy Milk, Coconut Milk      WG = Whole Grain