



# University Child Care Menu

## Week of February 5, 2018



### Monday:

**Breakfast:** WG Cinnamon Toast, Applesauce, Milk (Alternate Milk\*)

**Lunch:** Shredded Chicken Tacos (Chik’N Nuggets) with Crunchy Taco Shells, Lettuce & Tomato, Red Beans & Brown Rice, Mandarin Oranges, Milk (Alternate Milk\*)

**Snack:** Yogurt w/ Strawberries, Milk (Alternate Milk\*)

### Tuesday

**Breakfast:** Oatmeal, Bananas, Milk (Alternate Milk\*)

**Lunch:** Baked Ziti & Cheese, Cooked Carrots, Peaches, WG Bread, Milk (Alternate Milk\*)

**Snack:** Cucumbers w/ Hummus, Milk (Alternate Milk\*)

### Wednesday

**Breakfast:** Grits, Cinnamon Apples, Milk (Alternate Milk\*)

**Lunch:** Homemade Vegetable Noodle Soup, Cheese Toast on Wheat Bread, Oyster Crackers, Pears, Milk (Alternate Milk\*)

**Snack:** Oranges, Milk (Alternate Milk\*)

### Thursday

**Breakfast:** Corn Chex, Blueberries, Milk (Alternate Milk\*)

**Lunch:** Homemade Chicken Nuggets (Chik’N Nuggets), Mashed Potatoes, Broccoli, Fruit Cocktail, Milk (Alternate Milk\*)

**Snack:** WG Fig Newtons, Milk (Alternate Milk\*)

### Friday

**Breakfast:** Cheerios, Milk (Alternate Milk\*), Orange Juice

**Lunch:** Fish Fillet (Cheese) Sandwiches on WG Buns, Corn, Cole Slaw, Pineapple, Milk (Alternate Milk\*)

**Snack:** Animal Crackers, Milk (Alternate Milk\*)

Children under 2 = Whole Milk      Children 2 & Up = 1% Milk

\*Alternate Milks: Soy Milk, Coconut Milk

WG = Whole Grain